

## Snacks

Freshly made soup of the day served with warm bread	£6.95
Marinated olives, feta cheese and sun-blushed tomatoes	£6.50
Crisp fried whitebait with lemon, parsley and tartare sauce	£8.50
Falafel served with mint yoghurt dip	£6.95
Tempura tiger prawns served with sweet chilli dip	£10.50
Houmous, baba ganoush and tzatziki served with grilled pitta bread	£7.50
Chicken wings glazed with your choice of BBQ sauce, chill sauce or jerk spices	£8.50

## Salads

	starter	main course
Plain Caesar salad	£8.50	£13.50
Served with char-grilled chicken	£9.50	£16.50
Served with sautéed prawns	£10.50	£17.50
Served with char-grilled Haloumi	£9.50	£15.50
Severn and Wye smoked salmon served with lemon and black pepper and a watercress and rocket salad	£10.50	£17.50
Warm West Sussex goats' cheese on baby gem lettuce with baby potato, plum tomato and olive salad with a thyme and garlic dressing	£9.50	£15.50
Salad of feta cheese, watermelon, red onion and coriander topped with spiced cashew nut	£9.50	£15.50

## Pasta

	starter	main course
Spaghetti tossed with strips of free-range chicken, and a mushroom cream sauce	£9.50	£16.00
Penne in a rich Italian plum tomato sauce with torn mozzarella	£8.50	£14.00
Spinach and Ricotta tortellini tossed with pesto	£9.00	£15.00

## Sandwiches

Club sandwich served with skinny fries	£16.00
CLT – Char-grilled corn-fed chicken, lettuce and tomato served with skinny fries	£15.00
BLT – Grilled bacon, lettuce and tomato served with skinny fries	£15.00
HLT – Char-grilled haloumi, lettuce and tomato served with skinny fries	£14.00
Smoked salmon, cream cheese and chive with lemon, black pepper and watercress served with salad and vegetable crisps	£16.00
Crayfish with Marie Rose and baby gem lettuce served with salad and vegetable crisps	£15.00
Houmous, carrot and black olive crumb with baby gem and coriander served with salad and vegetable crisps	£8.50

All sandwiches are triple decker and made with your choice of white, wholemeal, multi-grain, carrot or onion breads

## Hot Sandwiches

The B Burger – char-grilled Scottish beef burger, peppered cream cheese, gem, plum tomato, dill pickle, skinny chips, chilli and coriander slaw	£18.00
The C Burger – char-grilled corn-fed chicken breast, peppered cream cheese, gem plum tomato, dill pickle, skinny chips, chilli and coriander slaw	£18.00
The Q Burger – char-grilled Quorn burger, peppered cream cheese, gem, plum tomato, skinny chips, chilli and coriander slaw	£16.00
Char-grilled West Cork sirloin steak with fat chips, herb slaw and English mustard	£26.00

## Spices

Butter chicken curry served with steamed basmati rice cucumber raita and grilled naan bread	£18.50
Katsu curry served with sticky rice and vegetable salad	£18.50
Paneer tikka served with steamed basmati rice cucumber raita and grilled naan bread	£15.50
Lamb Bamyra served with steamed basmati onion and coriander salad and grilled naan bread	£18.50

### Combination Platters

Mezze Platter	£19.00
Falafel, baba ganoush, lamb kebab, feta cheese, hummus, pitta bread, olives, and tzatziki	
Fish Platter	£26.00
Fried whitebait, smoked salmon with cream cheese and chives, teriyaki salmon skewers, tempura prawns with chilli dip	
Vegetarian Platter	£16.50
Falafel, baba ganoush, onion bhaji, paneer skewers, hummus, pitta bread, olives, and tzatziki	

### Sides

Buttered new potatoes	£3.95
Skinny chips	£3.95
Fat chips	£3.95
Buttered French beans	£3.95
Garlic bread	£5.50
Garlic bread with cheese	£6.50
Rocket and parmesan salad	£5.00
Mixed leaf salad	£5.00

### Desserts

Maple Crème brulée with pecan biscuits	£8.50
Orange scented croissant butter pudding served with vanilla custard	£8.50
Platter of fresh fruits served with Greek yoghurt and acacia honey	£8.50
Warm chocolate and walnut brownie with vanilla cream and chocolate sauce	£8.50
Cake of the day with your choice of Jing tea	£7.00
Selection of ice creams Vanilla, chocolate, strawberry, caramel or pistachio	£7.50
Cheese plate with breads and chutney	£14.00